



The AsiaWorks Core Curriculum

The AsiaWorks Basic Training

Imagine a week where you can look deeply and honestly at the way you think, feel and act in the world—and learn how your behaviour creates the results you are achieving in your life.

The AsiaWorks Basic Training is an active and engaging experiential learning programme. In this supportive, yet challenging environment, you will experience what it means to be really honest, to take responsibility for your choices, to communicate effectively, to keep agreements and explore how you can create the results you want to have in your life.

If you are a healthy adult who wants to realise more of your potential for personal success, this is place to start.

The AsiaWorks Basic Training is the first course in the Core Curriculum, and is offered one or more times monthly in cities throughout Asia.